



March is already here. St Patrick's Day, Easter and Spring Break makes it a fun and busy month for Rogue River families.

We are happy to announce that not only are we offering fresh fruit 2 days a week in all schools for lunch, but we will now be offering fresh fruit for breakfast 3 days a week!

Organic Gala apples have been our favorite offering recently, as well as the super sweet (and pink) Clara Clara oranges. Bananas are coming as well. We will still offer our normal fruit juice because options are important for our kids.

We would like to inform you that the milk price is increasing to 50 cents for an extra milk or just a milk with no meal.

If you prefer to pack your kid a lunch, but you want free milk as well, we have a solution.

All we have to do is give the kid 2 items from the required food groups, with milk being the 3<sup>rd</sup> and all of it is free!

Your kid can add to their packed lunch with (for example,) an all-wheat dinner roll, an apple and a milk and we will provide that at no cost. They can even choose an entrée and veggie, fruit, or side salad to add to what they brought!

**HAPPY SPRING BREAK**

Jacob Favro  
Food Service Director  
541-582-3234 x-2150  
Jacob.Favro@compass-usa.com



## Have you downloaded the Nutrislice app?

All Rogue River school menus are online, allowing families to:

- ✓ See nutritional facts for every menu item, including calories, fats, protein, etc.
- ✓ Filter for common food allergens
- ✓ Rate favorite menu items
- ✓ Plan ahead to be sure not to miss favorite meals during the week

Scan to access current online menus:



<https://rogueriver.nutrislice.com/>

Or download the Nutrislice App  
Today!

chartwells  
serving up happy & healthy